



## Biocard™ Celiac Test: Self-administered Kit for Celiac Disease

### *For Physician Use*

**To be taken to the family doctor by individuals having a “positive” test result**

Dear Doctor,

Your patient has been found to have an abnormal (“positive”) blood test using the Health Canada approved self-administered Biocard™ Celiac Test kit for celiac disease. The Biocard™ Celiac Test kit qualitatively detects IgA-tissue transglutaminase (TTG) antibodies in whole blood. False positive results are uncommon but can occur. The blood test for celiac disease is for screening purposes only, but serves as an important adjunct to assist a medical diagnosis. ***The only confirmatory test for celiac disease is a small intestinal biopsy.***

Celiac disease is a chronic gastrointestinal disorder in which ingestion of gluten, a protein present in wheat, rye and barley causes damage to the small intestinal mucosa by an autoimmune mechanism in genetically susceptible individuals. The treatment of celiac disease is a strict, life-long adherence to a gluten-free diet.

The patient with a positive blood test should be referred for endoscopic small intestinal biopsy as soon as possible.

***It is strongly recommended that the patient continue to consume a normal (gluten-containing) diet and NOT start a gluten-free diet before the biopsy is performed. A gluten-free diet will hinder the proper evaluation and interpretation of biopsy leading to additional delay in confirming the diagnosis.***

Once celiac disease is confirmed, the patient should see a registered dietician to obtain detailed counselling about a gluten-free diet. The patient should be encouraged to join the Canadian Celiac Association, which is an excellent resource on celiac disease and the gluten-free diet.

For further information on celiac disease, please contact the Canadian Celiac Association at [www.celiac.ca](http://www.celiac.ca) or 1-800-363-7296. For more information on the Biocard™ Celiac Test, please refer to the 2G Pharma Inc. website [www.celiachometest.com](http://www.celiachometest.com).

Janet Dalziel  
President  
Canadian Celiac Association

Handwritten signature of Janet Dalziel in blue ink.

Karina Nelimarkka  
President  
2G Pharma Inc.

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The Biocard™ Celiac Test is manufactured by ANI Biotech.  
2G Pharma Inc. is the exclusive licensed distributor of the Biocard™ Celiac Test in Canada  
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