



**Canadian Celiac Association**  
**L'Association canadienne de la maladie coeliaque**

**2012**

## Mission Statement

The Canadian Celiac Association is the national voice for people who are adversely affected by gluten, and is dedicated to improving diagnosis and quality of life. The gluten problem: Found. Treated. Cured.

### Board of Directors

#### President

Brian Benwell

#### Past President

Janet Dalziel

#### Executive Vice-President

Anne Wraggett (as of July 1)

#### Vice-President

Bob McKenzie

#### Secretary

Mark Johnson

#### Treasurer

Robert Beddie (to June 30)

Dean Orlando (as of September 6)

#### Regional Directors

Marilyn Dion (to June 30)

Linda Dow

Sherry Hedden

Norma Magnusson

Jan Lehman (as of July 1)

Brenda Myers

Bill Shank

Kathleen Shoemaker (as of July 1)

Irene Thompson (to June 30)

June Williams

#### Member at Large

Lori Alexander (as of July 1)

### Executive Director

Jim McCarthy (to June 30)

Peter D. Taylor (as of July 1)

### Professional Advisory Board

Connie M. Switzer, MD, FRCP(C)

Clinical Professor of Medicine

Vernon Burrows, CM, PhD, FAIC, PAg

J. Decker Butzner, MD, FRCP(C)

Shelley Case, BSc, RD

Donald Duerksen, MD, FRCP(C)

Jacquelin Gates, RD

Danielle Moore, RD

Mohsin Rashid, MBBs, MEd, FRCP(C)

Marion Zarkadas, MSc, RD (to June 30)

Jenni Zelin MD CCFP

### Advisors

Alexandra Anca, MHSc, RD

### Chapters

Belleville – Quinte

Calgary

Edmonton

Fredericton

Halton-Peel

Hamilton

Kamloops

Kelowna

Kingston

Kitchener-Waterloo

London

Manitoba

Moncton

Newfoundland & Labrador

Nova Scotia

Ottawa

Peterborough

Prince Edward Island

Quebec

Regina

Saint John

Saskatoon

St. Catharines

Thunder Bay

Toronto

Vancouver

Victoria

Western Manitoba

### Canadian Celiac Association — L'Association canadienne de la maladie coeliaque

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Facebook: [canadianceliacassociation](https://www.facebook.com/canadianceliacassociation)

Twitter: [@CCACeliac](https://twitter.com/CCACeliac)

Charitable Registration No. 10684 4244 RR0001



## President's Message

It was another strong year for the Canadian Celiac Association in 2012. It was a year of transition, a year with new milestones, and a year where dreams became reality.

In the middle of 2012 we bid farewell to our long time Executive Director, Jim McCarthy. Jim was responsible for guiding us to new relationships with industry and government. He left the CCA with a new world of opportunity.

Jim's retirement brought us the opportunity to introduce our new leader and Executive Director, Peter Taylor. Peter joined the organization just in time to participate in our AGM and National Conference in Kelowna and he quickly found his way around the CCA. I am pleased to say, the transition from one Executive Director to the next has been a success.

Though our Gluten-Free Certification Program (GFCP) was launched in May 2011, we had to wait until 2012 for the program to transition from a dream to a reality. During the annual general meeting and conference we were thrilled to introduce PepsiCo, the first company to certify their facilities with our program. With our GFCP "Trust Mark" showing up on everyday products with increasing frequency, our organization began to benefit from an increased level of public exposure. The dream of the CCA is to ensure that safe gluten-free products are readily identifiable by those who need them, and this is just the beginning as the GFCP program is set to grow fantastically in 2013.

The year 2012 also brought a new government grant from the Ministry of Agriculture and Agri-Food Canada for the creation of new agricultural production "tools" for the bakery, grains, and packaging sectors. This project brought the CCA in touch with more industry experts than ever before, and it will be up to the organization to properly leverage these relationships towards a new and better supported CCA.

Throughout the year, the CCA's more traditional activity continued. Chapters across the country continued to hold events in support of the newly diagnosed and others seeking help with the gluten-free diet. I want to thank sincerely all of the chapters, leaders and volunteers, for their tireless work on behalf of Canadians in their respective communities.

Our electronic presence is stronger than ever with more Twitter followers and Facebook members, and a new electronic newsletter format. The financial health of the organization remains a challenge for the board to navigate, and it remains to be seen how the opportunities of a digital world and relationships with industry can be linked to our future success. The year 2013 will need to be yet another year of transition and new heights in order to keep the CCA moving forward towards achieving its vision.



A handwritten signature in black ink, appearing to read "Brian Benwell".

Brian Benwell  
CCA President



### CCA Board of Directors Meeting, Kelowna, May 2012

**Back:** Kathleen Shoemaker, Bill Shank, Marilyn Dion, Norma Magnusson, Robert Beddie, Mark Johnson, Sherry Hedden, Bob McKenzie **Front:** Brian Benwell, June Williams, Brenda Myers, Jim McCarthy (executive director), Janet Dalziel, Irene Thompson, Anne Wraggett. **Absent:** Linda Dow, Lori Alexander.

## Program Report

Being the national voice for people adversely affected by gluten offers both challenge and satisfaction for the Canadian Celiac Association. The challenge arises from our mission to support the changing needs of our chapters and members across the country within finite resources, our commitment to provide reliable and scientifically-based information on celiac disease, dermatitis and non-celiac gluten sensitivity to an increasingly complex audience, and our efforts to ensure that gluten-free foods are widely available, recognizable and safe to eat.

The satisfaction stems from our having achieved significant milestones in 2012 in each of these areas as outlined in the reports below. In addition to our continuing initiatives in Advocacy and Awareness, Financial Sustainability, Communications and Research, we have added the Gluten-Free Certification Program and its success in engaging new stakeholders in government, industry, manufacturing, media and consumers.



### Advocacy and Awareness

As Canadians suffering from celiac disease or non-celiac gluten sensitivity, we have a lot to celebrate as we look back at 2012. Following years of determined advocacy and negotiation, an agreement was reached between Health Canada and the Canadian Food Inspection Agency that 20 parts per million is the safe upper limit of gluten for those with celiac disease. This value was set based on scientific evidence on the safe threshold and estimates of the amount of gluten-free food which people consume per day.

Manufacturers must now meet this regulatory requirement in labelling their food products as being gluten free. The CCA has been advocating for this benchmark for years, and we are pleased that the push for this essential change has resulted in success.

Another CCA milestone in 2012 involved the culmination of nearly two decades of hard work by CCA National, the Professional Advisory Board, and PAB member Marian Zarkadas

in particular, to require new and improved labelling regulations that came into effect on August 4, 2012. Gluten sources must now be identified using plain language either in the ingredient list or in a “contains” statement immediately after the ingredient list. This marks the end in Canada of the need to decipher such ingredients as modified food starch, hydrolyzed plant protein, and seasonings.

Residents of many seniors’ homes across Canada have long had difficulty obtaining safe, gluten-free meals. In 2012, the CCA completed a highly successful pilot project on Prince Edward Island where we delivered comprehensive education packages to almost every seniors’ residence, with follow up to ensure that the materials were received and understood. The feedback we received from residents and staff of the facilities was overwhelmingly positive, and we look forward to expanding this project across Canada as resources permit.

The year 2012 also saw a great many advances on the awareness front. Following the completion of the pamphlet Oral and Dental Manifestations of Celiac Disease, stemming from recently published peer-reviewed research, the Celiac Disease Awareness Month campaign was built around this important issue, and through the news media we were able to widely distribute this educational material. As a result of collaboration with health and dental organizations, the pamphlet was made available to tens of thousands of people. The Awareness Committee also reached out to many dental professionals, inviting them to our 2012 Conference in Kelowna to hear Dr. Hardy Limeback’s presentation on “Dentistry and Celiac Disease” and to provide them with the pamphlet and peer-reviewed research. We are proud to have stimulated a dialogue on this important issue for our membership and people with celiac disease.

The CCA continues to have a robust presence on the social media front. Our Facebook group sees a flurry of activity every day of the year, and we broke the 1,000 member barrier in 2012. Discussions are always going on related to the newly diagnosed, finding safe places to eat, the latest gluten-free products, travelling safely, raising celiac children, and much more. On the Twitter side, the CCA made enormous strides forward with the first-ever live-tweeting of the CCA conference, and the avenue was of great use in disseminating the pamphlet on dental issues. Our following has grown considerably over the past year. Twitter has permitted the CCA to establish dialogues with a great many companies offering gluten-free products, as well as other health-related charities.

The Canadian Celiac Association achieved many advances in 2012 of which we can all be proud. Our focus going forward into 2013 will be to expand our Right to Safe Food Program, promote the Gluten-Free Certification Program, and advocate for greater awareness of the need for safe food in seniors’ residences.

## Gluten-Free Certification Program (GFCP)

The Gluten-Free Certification Program is the only Canadian voluntary certification program designed for manufacturers of gluten-free food products using the trademark of the Canadian Celiac Association. Introduced in 2011, GFCP certified products have now become a supermarket reality.

In July 2012, PepsiCo's Lay's Brand became the first certified manufacturer, followed in October when Loblaw Companies Limited launched eight new products under its President's Choice brand name. Eight facilities representing four individual brands (Lay's President's Choice, Solo Gi, and Cheecha Puffs) have now been GFCP certified, and a total of 23 applications to the program had been received. By

the end of the year, 39 products were being manufactured in GFCP certified facilities.

The gluten-free market in Canada is expected to grow by more than 30% in the next three years. The Gluten-Free Certification Program was created by the CCA to help consumers identify products which meet the highest manufacturing standards and are safe to eat. The program recognizes individual manufacturing facilities which meet independent audit requirements.

The GFCP is based on globally recognized food safety management principles for making gluten-free claims, and uses third-party auditors to ensure that manufacturing practices meet the programs standards. While the CCA has chapters in 28 communities across the country, the GFCP program will identify certified products in every community.

## Communications

In 2012, public interest in gluten-free eating, non-celiac gluten sensitivity and celiac disease exploded. To meet the interest, the amount of traditional media coverage expanded, as did social media mentions and other Internet coverage. The problem with the explosion of information is that much of it was based on myth, rumour and shaky research.

As an organization committed to presenting scientifically validated information, CCA efforts focused on presenting accurate information as well as responding to incorrect information as much as possible. This effort involved many chapter volunteers, members of our Professional Advisory Board, and members of our National Board in addition to CCA staff. We were able to respond to local and national news reports, newspaper articles and blog articles making sure that factual information was presented in all media channels.

On the social media side, efforts focused particularly on Facebook and Twitter, communications tools used by more than half of all Canadians. In some ways, the CCA's Facebook Forum serves a bit like a virtual chapter – with people sharing new products, asking questions, and getting reassurance and suggestions about the challenges of living gluten free. The biggest challenge is to keep up the sudden gushes of information where 20 or 30 responses can come to a question in less than an hour. Our Twitter stream has attracted a combination of individual and corporate and with CCA tweets reaching hundreds of users directly and thousands through retweeting.

More than 80% of Canadians have Internet access at home, and our goal for the year was to expand our use of electronic communication channels while not forgetting our members who prefer to receive printed media. We were able to expand both the amount and currency of the information we provided by combining a monthly e-mail newsletter with two conventionally printed and mailed magazines. Special e-mails were used for particularly important news, including food safety recalls from the Canadian Food Safety Agency and assistance interpreting ingredient lists that meet the new allergen and gluten labelling regulations, and the most important pieces were repeated in our printed publications.

## Research

Research into celiac disease, non-celiac gluten sensitivity and gluten-free food is one of the fundamental challenges for the CCA. Our research focus in 2012 ranged from basic physiology that might contribute to the development of celiac disease to reviews of the quality of life for children and adults who live on a gluten-free diet.

One important event in 2012 was the publication of the first of the papers from an earlier sponsored survey of members of both the Canadian Celiac Association and the Fondation québécoise de la maladie cœliaque. The paper, authored by Principal Investigator Marion Zarkadas of the CCA Professional Advisory Board and other members of our Professional Advisory Board and Health Canada staff, presented one of the few comprehensive views of the difficulties and coping strategies used by individuals eating gluten free.

On the food science side, Alexandra Anca, the Food Science Advisor to our Professional Advisory Board, completed the research for a new edition of our Pocket Dictionary of Ingredients, with review assistance from other members of the Board. This edition includes new ingredients from a variety of cultures that are now common in Canada, as well as updates to certain ingredients that we now know more about.



CANADIAN CELIAC ASSOCIATION  
Acceptability of Food & Food  
Ingredients for the Gluten-Free Diet

The book was also revised to be compatible with Canada’s new Allergen and Gluten Labelling regulations and revised definition of “gluten-free”.

The J.A. Campbell Young Investigator Award was presented to Heather Galipeau, a PhD student at McMaster University investigating how the gut microbiome may play a role in the development of celiac disease. The J. A. Campbell Award was presented to Dr. Diana Mager and her colleagues who plan to review the effect of treatment with a gluten-free diet on the quality of life for both children and parents diagnosed with celiac disease.

As with public interest in gluten-free food, celiac disease and non-celiac gluten sensitivity, research interest in the diagnosis, treatment and causes of these conditions is rapidly expanding world-wide. The CCA depends on the members of our Professional Advisory Board to identify the important items for our members and to assist in finding answers to the never-ending lists of questions about the medical and nutritional aspects of our disease. They are an important part of our organization and we thank them for their continuing dedication to our association.

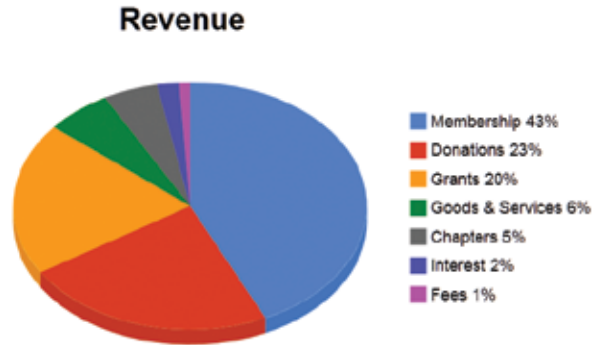
## Financial Sustainability

Achieving financial stability is more than a matter of cutting costs to balance available revenues. It is about managing organizational goals and expectations, matching new and existing programs with sustainable resources, engaging new opportunities for revenue generation, investing support for core programs, and ensuring that current and future priorities reflect the organization’s vision and mission.

Although there was significant headway in reducing the CCA’s 2011 budgetary deficit, 2012 continued to be a difficult financial year in not achieving sufficient revenues to support continuing program expenses. Overall, the year ended with a deficit of \$168,126, a deficit reduction of \$78,503 over the previous 2011 deficit of \$246,629. This represents a cost-containment reduction of 32%.

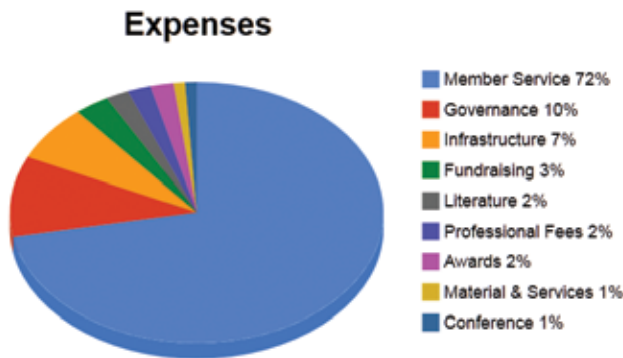
materials charges, and banking fees. Significant pre-event costs for the 2013 conference and food show were also paid in 2012.

Overall revenues were down marginally from \$719,707 in 2011 to \$716,664 in 2012 as membership dues and fundraising donations did not meet budget targets. Dues and donations, almost all of which comes directly from the members, account for about 66% of the CCA’s total revenue. The remainder is from grants, goods and services, chapters and earned interest. These revenue streams, largely dependent on members and chapters, continue to be difficult to sustain.



New members have continued to join the CCA every year. Alarming, however, about two-thirds of those new members choose not to renew after 3 years. This pattern is consistent across the country and affects all chapters.

Financial sustainability through cost reductions and new revenue generation will continue to be a central priority for 2013 and beyond.



Overall expenses were reduced by \$81,566, or 8.5%, from \$966,336 in 2011 to \$844,770 in 2012. The major factors in expense reduction involved lower spending in the areas of services, governance, fundraising, and administration fees. Cost increases were incurred in infrastructure, professional fees,



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## Auditor's Report

To the Board of Directors of the Canadian Celiac Association/L'Association canadienne de la maladie coeliaque

We have audited the accompanying financial statements of the Canadian Celiac Association/L'Association canadienne de la maladie coeliaque, which comprise the statement of financial position as at December 31, 2012, December 31, 2011 and January 1, 2011 and the statements of operations and changes in fund balances and cash flows for the years ended December 31, 2012 and December 31, 2011, and a summary of significant accounting policies and other explanatory information.

### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

### Basis for Qualified Opinion

In common with many charitable organizations, the Canadian Celiac Association/L'Association canadienne de la maladie coeliaque derives revenue from donations, fundraising and cash receipts the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the association and we were not able to determine whether any adjustments might be necessary to revenues other than grants, excess of revenue over expense, assets and fund balances.

### Qualified Opinion

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the statements of financial position of the Canadian Celiac Association/L'Association canadienne de la maladie coeliaque as at December 31, 2012, December 31, 2011 and January 1, 2011 and the statements of operations and changes in fund balances and cash flows for the years ended December 31, 2012 and December 31, 2011 in accordance with Canadian accounting standards for not-for-profit organizations.

BDO Canada LLP  
Chartered Accountants, Licensed Public Accountants

Barrie, Ontario  
March 15, 2013

**To obtain the complete Audited Report, request a copy from [info@celiac.ca](mailto:info@celiac.ca).**

# Canadian Celiac Association/ L'Association canadienne de la maladie coeliaque

## Statement of Financial Position

	Unrestricted		Internally Restricted		Total		Unrestricted		Internally Restricted		Total	
	General Fund	J.A. Campbell Research Fund	J.A. Campbell Research Fund	6,172	December 31, 2012	General 2011	December 31, 2011	J.A. Campbell 2011	December 31, 2011	January 1, 2011		
<b>Assets</b>												
<b>Current</b>												
Cash	\$ 101,741	\$ 6,172	\$ 107,913	\$ 210,281	\$ 958	\$ 211,239	\$ 136,804					
Short-term deposits	34,588	—	34,588	38,867	519,957	519,957	808,109					
Accounts receivable	6,788	—	6,788	10,049	—	38,867	26,012					
Inventory	37,320	—	37,320	6,724	—	10,049	16,693					
Prepaid expenses	—	376,177	376,177	—	268,370	6,724	12,744					
Due from General Fund	—	—	—	—	—	268,370	33,323					
<b>Capital Assets</b>												
Long Term Investments	180,437	382,349	562,786	265,921	789,285	1,055,206	1,033,686					
	24,453	423,244	447,697	13,249	—	13,249	39,696					
	\$ 204,890	\$ 805,593	\$ 1,010,483	\$ 279,170	\$ 789,285	\$ 1,068,455	\$ 1,073,382					
<b>Liabilities and Net Assets</b>												
<b>Current</b>												
Accounts payable and accrued liabilities	\$ 59,887	—	\$ 59,887	60,881	\$ —	\$ 60,881	\$ 48,705					
Deferred revenue	72,040	—	72,040	60,865	4,935	65,800	66,939					
Current obligation under capital lease	—	—	—	—	—	—	1,445					
Due to Chapters	23,710	—	23,710	26,609	—	26,609	29,094					
Due to J.A. Campbell Research Fund	376,177	—	376,177	268,370	—	268,370	33,323					
	531,814	—	531,814	416,725	4,935	421,660	179,506					
Obligation under capital lease	—	—	—	—	—	—	452					
	531,814	—	531,814	416,725	4,935	421,660	179,958					
<b>Commitments and Contingencies</b>												
<b>Net Assets</b>												
Internally restricted J. A. Campbell Research Fund	—	805,593	805,593	—	784,350	784,350	800,057					
Internally restricted General Reserve Fund	85,000	—	85,000	85,000	—	85,000	85,000					
Unrestricted General Fund	(411,924)	—	(411,924)	(222,555)	—	(222,555)	8,367					
	(326,924)	805,563	478,669	(137,555)	784,350	646,795	893,424					
	\$ 204,890	\$ 805,593	\$ 1,010,483	\$ 279,170	\$ 789,285	\$ 1,068,455	\$ 1,073,382					

The accompanying notes are an integral part of these financial statements.



# Canadian Celiac Association / L'Association canadienne de la maladie coeliaque

## Statement of Operations and Changes in Fund Balances

For the year ended December 31

	2012			2011	
	Unrestricted		Internally Restricted	Total	Total
	General Fund	General Reserve Fund	JA Campbell Research Fund		
<b>Revenues</b>					
Donations	\$ 122,493	\$ —	\$ 21,725	\$ 144,218	\$ 152,493
Bequests	—	—	—	—	53,172
Membership dues	293,057	—	17,474	310,531	311,190
Chapter donations	37,673	—	—	37,673	39,765
United Way Donor Option	3,807	—	—	3,807	6,999
CanadaHelps Donor Option	12,925	—	—	12,925	8,901
Sales of literature	29,681	—	—	29,681	36,125
Advertising	—	—	—	—	3,773
Annual Conference	—	—	—	—	5,000
Workshop fees	450	—	—	450	932
Interest earned	—	—	14,155	14,155	15,267
Expenditure recovery	13,719	—	—	13,719	16,544
Administration fee	2,826	—	—	2,826	3,053
Other revenue	125	—	—	125	3,225
Grants	146,534	—	—	146,534	63,267
	<b>663,290</b>	<b>—</b>	<b>53,354</b>	<b>716,644</b>	<b>719,707</b>
<b>Expenses</b>					
Member service	634,174	—	—	634,174	712,389
Fundraising	29,983	—	—	29,983	37,403
Infrastructure	59,507	—	—	59,507	38,567
Professional fees	20,584	—	—	20,584	15,556
Governance	85,741	—	—	85,741	107,991
Cost of literature	22,670	—	—	22,670	20,137
Administration fee	—	—	2,826	2,826	3,053
J. A. Campbell research award	—	—	19,523	19,523	20,000
Young Investigator award	—	—	—	—	5,000
Conference Expenses	—	—	5,016	5,016	5,168
Materials and professional services	—	—	3,812	3,812	990
Bank Charges	—	—	934	934	82
	<b>852,659</b>	<b>—</b>	<b>32,111</b>	<b>884,770</b>	<b>966,336</b>
Excess of revenue over expenses	(189,369)	—	21,243	(168,126)	(246,629)
Fund balances, beginning of year	(222,555)	85,000	784,350	646,795	893,424
Fund balances, end of year	\$ (411,924)	\$ 85,000	\$ 805,593	\$ 478,669	\$ 646,795

The accompanying notes are an integral part of these financial statements.

## Canadian Celiac Association / L'Association canadienne de la maladie coeliaque

### Schedule of Expense

For the year ended December 31

	<b>2012</b>	2011
<b>Member Service</b>		
Annual report	\$ 1,131	\$ 1,040
Certification	57,313	229,282
Agricultural grains project	116,530	-
Committees and projects	75,880	99,177
Membership expenses	106,132	118,072
Newsletter	14,204	14,613
Office and general	48,400	37,542
Rent and insurance	28,766	28,145
Salaries	185,818	184,518
	<b>\$ 634,174</b>	<b>\$ 712,389</b>
<b>Fundraising</b>		
Committees and projects	\$ —	\$ 9
Fundraising	4,414	13,273
Rent	4,598	4,474
Salaries	20,971	19,647
	<b>\$ 29,983</b>	<b>\$ 37,403</b>
<b>Infrastructure</b>		
Office and General	\$ 24,339	\$ 4,025
Rent and insurance	9,861	9,674
Salaries	25,307	24,868
	<b>\$ 59,507</b>	<b>\$ 38,567</b>
<b>Professional fees</b>		
Audit	\$ 15,871	\$ 15,214
Legal	4,713	342
	<b>\$ 20,584</b>	<b>\$ 15,556</b>
<b>Governance</b>		
Annual report	\$ 1,217	\$ 1,502
Committees and projects	22,081	33,489
Office and general	9,201	10,199
Rent and insurance	17,344	16,707
Salaries	20,971	19,647
Amortization	14,927	26,447
	<b>\$ 85,741</b>	<b>\$ 107,991</b>

*continued from page 12*

Maurice Lewis  
Phyllis Lewis  
Phyllis I Lichti  
Audrey R. Little  
Shirley A. Lloyd  
Ralph J. Lutes  
Stacey M Maan  
Norma I Magnuson  
Gerald Marcus  
Beverly W Martin  
Edna Martin  
Sandra L McConachy  
Dennis McCoy  
Rod R. McDaniel  
Ruth G McDermott  
Kathleen P McGuire  
Bob G. McKenzie  
Connie McNeil  
R. Stewart McNicoll  
Brenda Mercer  
Hilda Miller  
Carol Mitchell  
Ranjit Mithra  
Jason Monaco  
Margaret E. Monck  
Catherine & Clarence Morris  
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Cathy Nicolle  
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Betty & Eric O'Dell  
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Elizabeth I. Ostrander  
Keith Oswald  
Monique Ouellet  
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Ralph Paluck  
Robert Pannenbecker  
Hazel AParker-Jervis  
Dennis A Parsons  
Jeffrey C Pearson  
Patricia Pembroke  
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Jacquie Peter  
Shalini Phillips  
Ponteix and Area Donor's Choice  
Ross K Powell  
Dinis J Prazeres  
Judy Putherbough  
Safia Qureshi  
Gregory S Raymond  
Leigh Redding  
Karen M Reeder  
Norma Reimer

Leonie Reinhart  
Fernie Renner  
Beth Rhind  
Theresa Rice  
James Barry Richardson  
Penny Clarke-Richardson  
Shirley Ridalls  
Christine A. Riley  
Carmen C. Rivet-Kreis  
Dennis L Robertson  
Anne Rogers  
Hazel E Rosens  
Robert Ross  
Betty Rowe  
Beverley Ruffo  
Dipti Rughani  
Christine R. Rushforth  
Pauline E Ruzycycki  
Ken Ryniak  
Debbie & Marcello Salituro  
Agatha Sanchez  
Pauline A Scharfe  
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